

A at



at *Rest*



1. That cats sleep up to sixteen hours a day is a consequence of their genes. In fact, older cats spend up to 20 hours a day in the land of nod. This inclination derives from their genetic machinery, physiology, and nutritional habits. In the wild, hunting burns much energy and to conserve it between meals, they sleep.

2. Cats aren't always sound sleep; in fact, they spend roughly three quarters of their sleep time just snoozing. While snoozing, they rest while remaining alert to respond at a moment's notice. When cats are in their light sleep mode, their ears twitch and rotate toward noises while their eyes remain ajar. Even while sitting upright, cats often slip into doze mode.

4. Some cats snore. Snoring is a consequence of a partially blocked air passage by skin linked with the soft palate. A cat is most likely to snore when relaxed.

5. Snoring is more likely to occur in short-nosed breeds such as the Persian, Himalayan, and Exotic Shorthair.

<http://www.catster.com/lifestyle/cat-behavior-five-facts-sleep>



























